

Overuse Injuries of the Musculoskeletal System, Second Edition

Marko M. Pecina, Ivan Bojanic



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Overuse injuries of the musculoskeletal system are common occurrences. Yet most existing volumes on cumulative trauma disorders deal with the subject from an ergonomic and occupational therapy standpoint, and do not provide the all-encompassing synopsis that physicians demand. Overuse Injuries of the Musculoskeletal System, Second Edition, answers the need by presenting a complete overview of the methods for diagnosing and treating the overuse injuries that affect the musculoskeletal system as a whole. Each chapter includes the definition, origins, clinical picture and diagnostics, and treatment for the given injury. The book goes beyond diagnosis and treatment by identifying etiological factors and discussing ways to prevent overuse injuries. This new edition retains the successful systematic format that made the first edition a bestseller and an invaluable tool for orthopaedists, physical therapists, rheumatologists, radiologists and sports medicine practitioners. This version includes a new chapter on radiologic diagnosis, new chapter on overuse injuries in female athletes and supplements previously-existing chapters with new material.

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