

Mujeres que corren con los lobos (Spanish Edition) (No Ficcion Divulgacion)

Clarissa Pinkola Estes



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Mujeres que corren con los lobos (Spanish Edition) (No Ficcion Divulgacion) Clarissa Pinkola Estes Dentro de toda mujer alienta una vida secreta, una fuerza poderosa llena de buenos instintos, creatividad apasionada y sabiduria eterna. Es la Mujer Salvaje, una especie en peligro de extincion que representa la esencia femenina instintiva. Aunque los regalos de la naturaleza les pertenecen desde siempre, los constantes esfuerzos de la sociedad por ""civilizar"" a las mujeres han ocultado los dones que estas albergan en su interior. En este libro, Clarissa Pinkola Estes revela ricos mitos interculturales, cuentos de hadas e historias muchas de ellas relativas a su propia familia- para ayudar a las mujeres a recuperar su fuerza y volver a conectar con su verdadera esencia. Pinkola Estes ha creado una psicologia femenina en su sentido mas autentico, el que lleva al conocimiento del alma. Mujeres que corren con los lobos es, asimismo, un fascinante mosaico de historias que, ademas de resultar sumamente entretenido, nos ofrece una nueva vision de lo femenino y de sus posibilidades. ""Una celebracion del alma femenina."" The Washington Post / Within every woman there lives a powerful force, filled with good instincts, passionate creativity, and ageless knowing. She is the Wild Woman, who represents the instinctual nature of women. But she is an endangered species. For though the gifts of wildish nature belong to us at birth, society's attempt to ""civilize"" us into rigid roles has muffled the deep, life-giving messages of our own souls. In Women Who Run With the Wolves, Dr. Estes unfolds rich intercultural myths, fairy tales, and stories, many from her own family, in order to help women reconnect with the fierce, healthy, visionary attributes of this instinctual nature. Through the stories and commentaries in this remarkable book, we retrieve, examine, love, and understand the Wild Woman, and hold her against our deep psyches as one who is both magic and medicine. Dr. Estes has created a new lexicon for describing the female psyche. Fertile and life-giving, it is a psychology of women in the truest sense, a knowing of the soul.



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