



La toxicomanie: Guide d'information (Guides d'information) (French Edition)

Marilyn Herie, Tim Godden

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Rédigé par des conseillers professionnels, ce guide concis et facile à lire s'adresse aux personnes aux prises avec des problèmes liés à l'alcool et à d'autres drogues ainsi qu'à leur famille. Il fournit des renseignements sur :

- ce que représente la toxicomanie ;
- les causes de la toxicomanie ;
- le traitement de la toxicomanie et les soutiens qui existent ;
- le rétablissement et la prévention des rechutes ;
- l'aide offerte aux partenaires et aux familles ;
- la façon d'expliquer la toxicomanie aux enfants.

On trouvera également dans ce guide une liste d'ouvrages et de sites Web recommandés fournissant des renseignements supplémentaires sur la toxicomanie, ainsi que les coordonnées des organismes et des services offrant du soutien.

Les professionnels qui travaillent avec des personnes aux prises avec une toxicomanie et avec leur famille voudront peut-être offrir le guide à leurs clients et s'en servir pour amorcer une discussion. Les personnes ayant des problèmes liés à la consommation d'alcool et d'autres drogues et leur famille y trouveront des renseignements utiles. Ce guide sera aussi utile aux travailleurs des secteurs de la santé et des services sociaux, aux étudiants, aux journalistes et à toute autre personne qui veut obtenir des renseignements de base sur la toxicomanie, ses effets et son traitement.

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