



# Integrative Medicine for Children

*May Loo*

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## **Integrative Medicine for Children** May Loo

Whether you initiate alternative therapies for children, or simply need to respond when asked for information or advice, it's crucial to have the most current, evidence-based information so that you can safely and effectively integrate CAM therapies with conventional treatment. This innovative and reliable reference is the ideal resource to have at hand. With its focus on integrating conventional medicine with the best complementary therapies for children, it familiarizes you with the scientific evidence and rationales for various CAM therapies, and clearly describes how to use them, in conjunction with conventional medicine. You'll find the information you need to distinguish among those therapies with good evidence, those that are safe but not yet proven to be effective, and those contraindicated for certain conditions.

- Covers a wide range of complementary and alternative therapies, focusing on those most often utilized with children: mind-body approaches (hypnosis, mind/body, probiotics, spirituality); manual therapies (chiropractic, massage, osteopathy, psychological); lifestyle approaches (nutrition, Qigong); alternative systems (homeopathy, naturopathy); energy medicine (acupuncture, aromatherapy, herbal, laser, magnets); and biological agents (Chinese and Western herbs and probiotics).
- 57 of the most common pediatric conditions are comprehensively discussed, first with a focus on conventional diagnostic and treatment information, then with authoritative information on the most effective and evidence-based CAM therapies available for treatment of the condition.
- Presents an integrative approach, combining conventional and alternative therapies.
- Helps you answer questions relevant to today's patients, such as giving echinacea for a cold, the use of acupuncture to treat ADHD, and which alternative therapies may be used to avoid side effects of conventional medication.

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Playing with family in a park, coming to see the water world or hanging out with buddies is thing that usually you may have done when you have spare time, in that case why you don't try factor that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Integrative Medicine for Children, you may enjoy both. It is very good combination right, you still wish to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't have it, oh come on its called reading friends.

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