

Mr. Food's Comida Rapida y Facil Para Personas con Diabetes

American Diabetes Association



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From famous chef and television show host Mr. Food® (Art Ginsburg)--with special recipe contributions and daily diabetes living tips from Miss America 1999 Nicole Johnson, *Mr. Food®'s Cocina Rapida y Facil Para Personas con Diabetes* features more than 150 recipes in Spanish, including snacks, salads, soups, poultry, meat, seafood, vegetarian fare, and desserts.



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