



# **Diabetic Cookbook - 50 Diabetic Friendly Recipes: A Diabetic Diet that is Delicious - Breakfast, Lunch, Dinner, & Dessert Recipes (Diabetic Friendly Cookbook - Diabetic Living )**

*Maria Vega*

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## **TO YOUR HEALTH!**

**Diabetic cookbook with 50 recipes for breakfast, lunch, dinner, and even dessert recipes!**

*These diabetic friendly recipes are written from the heart by a person who cooks for her mother who suffers from diabetes. These recipes are not only healthy, but they are also delicious and easy to prepare.*

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## **Check out some of the delicious recipes inside of this cookbook!**

**Breakfast Recipes Classic Eggs and Toast Delicious Fruit Parfait Savory Ham and Egg Breakfast Burrito Yummy Wheat Breakfast Pizza Delicious Breakfast Nachos Baked Eggs With Feta, Spinach and Tomato Fluffy Corn and Blueberry Muffins, Gluten Free Style Healthy Asparagus Frittata Classic Hash Browns Savory Spinach, Egg and Ham Sandwich Wholesome Granola Delicious Vanilla and Blackberry Waffles Nutritious Blueberry Pancakes Oatmeal Ala Apple Pie Slowcooker Style Low Fat French Toast Classic Porridge Colorful Fruit Salad Lunch and Dinner Recipes Delicious Chicken Salad Lunch Wrap The Ultimate Power Salad Red Pepper and Arugula Panini Savory Ginger and Sweet Potato Soup Veggie and Cheese Pitas Traditional Tuna Pasta Salad Traditional Black Bean Mexican Soup Mini Pepper and Asparagus Quiche Vegetarian Chili Broccoli Cream Soup Classic Mediterranean Turkey Wrap Lettuce and Shrimp Wraps Hearty Mozzarella and Chickpea Salad Spicy Watermelon Salad With Baked Catfish Chicken in Tomato Basil Soup Black Bean Vegetarian Burgers Nutritious Spinach and Pasta Shells Delicious Desserts Yummy Quinoa Pudding Watermelon and Strawberry Frozen Dessert Pumpkin Panna Cotta Berry and Chocolate Parfait Smore Shooters Delicious Mini Pumpkin Tarts Traditional Apple Crisp Delicious Trifle Pudding Low Fat Style Crème Brule Mouthwatering Frozen Greek Yogurt Almond Flavored Hot Chocolate Baked Cinnamon Apples Pumpkin Bread Pudding Strawberries Dipped In Balsamic Vinegar Banana and Chocolate Tofu Pudding Sugar Free Applesauce Cake**

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*People who suffer from diabetes do not have to eat in a boring manner. In fact, these recipes will show just how delicious healthy meals can actually taste!*

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*Although this book was written by the daughter of a diabetic, this recipe book is not intended to be viewed as medical advice. Always consult your Doctors before adding or taking anything away from your eating schedule.*

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**Take care of your health and enjoy these delicious recipes!**

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