



A Cook's Year in a Welsh Farmhouse

Elisabeth Luard

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In an old farmhouse on the slopes of a mountain lying between Tregaron and Aberystwyth, Elisabeth Luard brings the produce of the land into her kitchen and turns it into delicious food. This book is her response to the changes she sees in her garden and the surrounding countryside throughout the seasons, with distinctive recipes at the end of each month's chapter. It is the story of a year spent planting and picking in the garden, roaming the countryside with her grandchildren and introducing them to the pleasures of rural living.

Elisabeth's cooking is rooted in the culture of the Mediterranean where she once lived, as well as being inspired by traditional Welsh recipes and by her own garden. In winter she stirs up warming dishes like Spanish biscocho or Welsh winter cawl; in the spring she waits until the first mayflower comes to bloom before planting lettuces, mangetouts and broad beans in her garden. She relies on locally sourced meat for dishes like Partridges with baby onions and cinnamon in red wine, Rabbit with tagliatelle, cream and mustard or Ceps with potatoes and bacon, and rakes the countryside for ingredients like fruit for Hedgerow jelly, nettles for soup, elderflowers for cordial, cake or even fritters.

With full colour photography by Clare Richardson that perfectly captures the sense of life in the Welsh countryside, this is a unique and beautiful book.

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From reader reviews:

Karen Bell:

Here thing why that A Cook's Year in a Welsh Farmhouse are different and trustworthy to be yours. First of all examining a book is good nonetheless it depends in the content of it which is the content is as delightful as food or not. A Cook's Year in a Welsh Farmhouse giving you information deeper and different ways, you can find any reserve out there but there is no guide that similar with A Cook's Year in a Welsh Farmhouse. It gives you thrill examining journey, its open up your personal eyes about the thing this happened in the world which is might be can be happened around you. You can actually bring everywhere like in playground, café, or even in your method home by train. For anyone who is having difficulties in bringing the published book maybe the form of A Cook's Year in a Welsh Farmhouse in e-book can be your alternative.

Cheryl Taylor:

Playing with family inside a park, coming to see the marine world or hanging out with close friends is thing that usually you may have done when you have spare time, and then why you don't try matter that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love A Cook's Year in a Welsh Farmhouse, you are able to enjoy both. It is very good combination right, you still would like to miss it? What kind of hangout type is it? Oh come on its mind hangout folks. What? Still don't understand it, oh come on its called reading friends.

Marie Clemmer:

With this era which is the greater man or who has ability to do something more are more special than other. Do you want to become considered one of it? It is just simple approach to have that. What you need to do is just spending your time not much but quite enough to enjoy a look at some books. On the list of books in the top record in your reading list is definitely A Cook's Year in a Welsh Farmhouse. This book that is qualified as The Hungry Slopes can get you closer in turning out to be precious person. By looking upwards and review this e-book you can get many advantages.

Laura Lee:

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