

No More Misbehavin': 38 Difficult Behaviors and How to Stop Them

Michele Borba



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- "This will be the only discipline book you'll ever need to raise good kids."
- -from the Foreword by Jack Canfield, coauthor, *Chicken Soup for the Soul* and *Chicken Soup for the Parent's Soul*
- "Michele Borba offers insightful, realistic, and straightforward advice that is sure to get immediate results." -Editor-in-Chief, *Parents Magazine*
- "A sensitive, thoughtful, eminently practical book that will help parents help their children change behaviors that will improve the child's, and the entire family's, well being and happiness. A wonderful contribution!" -Alvin Rosenfeld, M.D., child psychiatrist and coauthor, *Over-Scheduled Child*

Anger, Anxiety, Biting, Bossy, Bullied, Bullying, Chore Wars, Cynical, Defiant, Doesn't Listen, Fighting, Gives Up Easily, Hitting, Homework Battles, Hooked on Rewards, Impulsivity, Intolerant, Lying and Cheating, Materialistic, Mean, Negative Peer Pressure, No Friends, Over-Perfectionism, Poor Sportsmanship, Put-Downs, Rude, Selfish, Sibling Battles, Short Attention Span, Shy, Stealing, Swearing, Talking Back, Tattling, Teased, Temper Tantrums, Whining, Yelling.

Parenting expert Dr. Michele Borba tackles the most common bad behaviors that kids ages 3 to 12 repeat over and over behaviors that drive parents crazy. In this enormously useful, simple-to-use book she shows how to change these behaviors for good. For each negative behavior Dr. Borba offers a series of key tips and guidelines and outlines a step-by-step plan for a customized makeover that really works! Using the steps outlined in *No More Misbehavin'* will give you the help you need to raise kids with strong values and good character.



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