



# Eating Italy: A Chef's Culinary Adventure

*Jeff Michaud*

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## **Eating Italy: A Chef's Culinary Adventure** Jeff Michaud

Before award-winning chef Jeff Michaud ever opened the doors of his acclaimed Philadelphia restaurants, he spent three years in northern Italy as a culinary apprentice to master butchers and chefs, immersing himself in the culture and cuisine of the old country. It is safe to say that he never anticipated the romance that would ensue. *Eating Italy* is a delicious, funny, and mesmerizing spin through the boot, teaching true heirloom techniques and telling Jeff's culinary and personal love story (he met his wife when she came into the restaurant one night for dinner, and to this day, he hasn't forgotten what she ordered).

Part inventive cookbook, part travel narrative, each chapter of *Eating Italy* explores a village or town in northern Italy, unveiling the unique culinary and cultural experience it has to offer. The reader experiences his journey from "Paladina: The Butcher's Apprentice" to "Trescore Balneario: Our Big Italian Wedding" in dishes like Apricot and Chanterelle Salad, Swordfish Pancetta with Fennel Zeppole, Pheasant Lasagne, and Blood Orange Crostata with Bitter Chocolate. Each authentic recipe serves to mark his professional growth, learning from some of the most skilled chefs in Italy. Vivid photography of Italian culture, people, and landscapes are dispersed throughout, allowing the reader a glimpse of northern Italia from a kitchen far away.

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