



Comfortably Numb: How Psychiatry Medicated a Nation

Charles Barber

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Comfortably Numb: How Psychiatry Medicated a Nation Charles Barber

American doctors dispense approximately 230 million antidepressant prescriptions every year, more than any other class of medication. Charles Barber explores this disturbing phenomenon, examining the ways in which pharmaceutical companies first create the need for a drug and then rush to fill it. Most importantly, he convincingly argues that, without an industry to promote them, non-pharmaceutical approaches are tragically overlooked in favor of an instant cure for all emotional difficulties. Compulsively readable and urgently relevant, *Comfortably Numb* is an unprecedented account of the impact of psychiatric medications on American culture and on Americans themselves.

From the Trade Paperback edition.

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