



The Counseling Practicum and Internship Manual, Second Edition: A Resource for Graduate Counseling Students

Shannon Hodges PhD LMHC ACS

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Praise for the First Edition:

"I highly recommend The Counseling Practicum and Internship Manual.

It is the single best all-in-one resource I've read for all things practicum and internship."

ñ **Ryan Thomas Neace, LPC, NCC, CCMHC**, Blogger, American Counseling Association; Founder, CounselingInternships.com and Change, Inc.

"[U]sing this text in my practicum course. It is a very user friendly book with many resources in addition to good clinical information."

ñ **Jessica Brumm-Larson, PhD**, Alverno College

This best-selling guide to the practicum and internship experience, written expressly for graduate counseling students by a seasoned counselor and educator, is now substantially revised with updated and expanded content including the 2014 ACA Standards of Ethics. With a strong focus on counseling as a specific professional identity, the book includes new information on developing one's own approach to counseling and supervision, maintaining satisfactory working relationships with supervisors and colleagues, developing good writing skills and record keeping, and managing crisis and trauma. The Second Edition also reflects such developments as DSM-5 and CORE/CACREP standards.

With a concise, accessible writing style, the book describes everything students need to know as they enter and progress through the practicum and internship process. Replete with plentiful case examples and downloadable sample forms and templates, this supportive manual encompasses information addressing how to select and apply for practicum/internships in all settings, including mental health, rehabilitation, schools, addictions, and marriage and counseling. It examines such ethical legal and issues as informed consent, confidentiality, client records, boundary issues, and liability insurance. Multicultural considerations that impact counseling along with the importance of self-care including stress management and dealing with aggressive client behaviors are also discussed in detail. This "mentor in a book" gives counseling students invaluable assistance in preparing for and successfully assimilating their first experiences with the realities of working with clients, and eases the journey toward developing into a self-confident, skilled, and ethical practitioner.

New to the Second Edition:

- Updated to include content on 2014 ACA Ethics Code, CACREP/CORE developments, legal issues, DSM-5, and social media
- Expanded content on developing an individual approach to counseling and supervision

- Provides new information on crisis intervention
- Increased content on supervision styles and models
- Expanded information on student safety at field sites
- Augmented discussion of careers
- Includes expanded self-reflection exercises for the intern
- Provides downloadable versions of student forms and templates

Key Features:

- Focuses on counseling as a specific professional identity
- Covers everything students need to know as they enter and progress through the practicum/internship process
- Helps students to understand the realities of working with clients after they leave the "safe" learning environment
- Mentors students in a supportive, user-friendly style
- Includes abundant case examples
- Includes abundant forms and templates for students, available as online downloads

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From reader reviews:

Sabrina King:

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James Rutledge:

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Jesica Simon:

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