



Rainbow Painting

Tulku Urgyen Rinpoche

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Rainbow Painting Tulku Urgyen Rinpoche

Rainbow Painting is saturated with direct, pithy instruction, the very quintessence of the Buddhist Spiritual approach. Tulku Urgyen Rinpoche speaks from experience, expressing what he himself has undergone, instructing us in the way we should train in a complete and unmistakable manner. We come to understand that to become enlightened we must experience what was always present within us. The ultimate object of realization, the natural state of mind, unmistakably and exactly as it is, need not be sought for elsewhere but is present within ourselves. Stability in this unexcelled state of unity is not attained independently of means, proper conduct and knowledge of the view. We should unite view and conduct; and this book contains the key points for doing just that.

“Some people have the habit of thinking that something is bound to happen after practicing meditation a while — like going through school — that after ten or fifteen years you end up with a degree. That’s the idea in the back of people’s minds: “I can make it happen! I can do enlighten-ment!” Not in this case, though. You cannot make enlightenment, because enlightenment is unconstructed. Realizing the awakened state is a matter of being diligent in allowing nondual awareness to regain its natural stability. It is difficult to reach enlightenment without such diligence, without undertaking any hardship.”

---Tulku Urgyen Rinpoche

“Tulku Urgyen Rinpoche is someone who has lived at length in mountain hermitages, spent many years in retreat, and done a considerable amount of meditation training. For this reason, he gives the very quintessence of the sacred Dharma spoken by our compassionate Buddha Shakyamuni. He speaks from experience, expressing what he himself has undergone, instructing us in the way we should practice in a complete and unmistakable manner. These teachings, saturated with direct, pithy instruction, are unique.”

---Chökyi Nyima Rinpoche

The ultimate object of realization, the natural state of mind, unmistakably and exactly as it is, need not be sought elsewhere than in ourselves. We become enlightened through experiencing what is always innately present. Stability in this unexcelled unawareness is attained when view, the knowledge aspect and conduct, the means are integrated. In Rainbow Painting, Tulku Urgyen Rinpoche presents the practices to accomplish this unity.

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