



PTSD and Service Dogs: A Training Guide for Sufferers

Rick Dillender, Heather Dillender

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"PTSD and Service Dogs: A Training Guide for Sufferers" is a comprehensive training manual about how to apply a Service Dog as an intervention and daily maintenance tool for managing chronic PTSD. It includes a review of the symptoms and issues of PTSD as well as a comprehensive training program for guided or self-training a Service Animal. It also includes the complete text of "From Shelter to Service Dog: A Practical Guide to Canine Behavioral Rehabilitation" by Rick and Heather Dillender as well as complete training guides for the AFPDT (A Fresh Perspective Dog Training) approach to Service Animal training. This guide contains everything a person needs to know to take a dog through the process of creating stable, reliable working behaviors as well as how to resolve any behavioral issues a dog may have or develop. The AFPDT method has been used by non-profits for Veterans with PTSD as well as many individual clients with PTSD from many different sources, both military and civilian. It is an invaluable resource for those that are interested in using a Service Dog for managing PTSD.

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