

# Following Fish: One Man's Journey into the Food and Culture of the Indian Coast

Samanth Subramanian



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In India's long and diverse coastline, fish inhabit the heart of many aspects of life: food of course, and also culture, commerce, sports, history, and society. Journeying along the edges of the peninsula, Samanth Subramanian delivers a kaleidoscope of extraordinary stories.

Following Fish conducts rich, journalistic investigations of the use of fish to treat asthmatics in Hyderabad; of the preparation and the process of eating West Bengal's prized hilsa; of the ancient art of building fishing boats in Gujarat; of the fiery cuisine and the singular spirit of Kerala's toddy shops; of the food and the lives of Mumbai's first peoples; of the history of an old Catholic fishing community in Tamil Nadu; and of the hunt for the world's fastest fish near Goa; and of many others.

Pulsating with pleasure, adventure, and discovery, *Following Fish* reveals a series of unknown Indias in a book as intriguing as the country itself.



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