



Lost in the Cosmos: The Last Self-Help Book

Walker Percy

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“A mock self-help book designed not to help but to provoke; a chapbook to inveigle us into thinking about who we are and how we got into this mess.” —*Los Angeles Times Book Review*

Published at the height of the 1980s self-help boom, *Lost in the Cosmos* is Percy’s unforgettable riff on the trend that swept the nation. Filled with quizzes, essays, short stories, and diagrams, *Lost in the Cosmos* is a laugh-out-loud spin on a familiar genre that also pushes readers to serious contemplation of life’s biggest questions.

One part parody and two parts philosophy, *Lost in the Cosmos* is an enlightening guide to the dilemmas of human existence, and an unrivaled spin on self-help manuals by one of modern America’s greatest literary masters.

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