



## Italian Diabetic Meals in 30 Minutes or Less!

*Robyn Webb*

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## **Italian Diabetic Meals in 30 Minutes or Less! Robyn Webb**

Every luscious Italian entree one can think of is here, made healthy and diabetes-friendly thanks to food master Robyn Webb. Who can resist sinking a fork into veal marsala or salmon with leeks and mushrooms? Some of the 150 dishes are low in carbs, and all of them are easy to fix—many can be cooked in one pan! It comes with complete nutritional analysis and meets all ADA guidelines. Meals include pastas, meats, vegetarian dishes, and light desserts, all with a taste of Tuscany.

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