



The Mother Knot: A Memoir

Kathryn Harrison

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The Mother Knot: A Memoir Kathryn Harrison

In this dark gem of a book by the author of **The Kiss**, a complex mother-daughter relationship precipitates a journey through depression to greater understanding, acceptance, freedom, and love,.

Spare and unflinching, **The Mother Knot** is Kathryn Harrison's courageous exploration of her painful feelings about her mother, and of her depression and recovery. Writer, wife, mother of three, Kathryn Harrison finds herself, at age forty-one, wrestling with a black, untamable force that seems to have the power to undermine her sanity and her safety, a darkness that is tied to her relationship with her own mother, dead for many years but no less a haunting presence. Shaken by a family emergency that reveals the fragility of her current happiness, Harrison falls prey to despair and anxiety she believed she'd overcome long before. A relapse of anorexia becomes the tangible reminder of a youth spent trying to achieve the perfection she had hoped would win her mother's love, and forces her to confront, understand, and ultimately cast out—in startling physical form—the demons within herself. Powerful, insightful, unforgettable, by "a writer of extraordinary gifts" (Tobias Wolff), Kathryn Harrison's **The Mother Knot** is a knockout.

From the Hardcover edition.

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