



Viure la vida amb sentit (Actual (catalan)) (Catalan Edition)

Victor Küppers

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Actituds per viure amb passió i entusiasme

Aquest llibre pretén fer-te pensar sobre el sentit de la vida de manera amena i clara, per ordenar idees, per prioritzar, per ajudar-te a prendre decisions. Amb un enfocament proper i pràctic. Valorem les persones per la seva manera de ser, per les seves actituds, no pels seus coneixements, els seus títols o la seva experiència. No ens aprecien per les coses que tenim, ens aprecien pel nostre tarannà. Viure la vida amb sentit t'ajudarà a adonar-te que el més important a la vida és que el més important sigui el més important, la necessitat de centrar-nos a lluitar i no a plorar, a fer i no a queixar-se, com desenvolupar l'alegria i l'entusiasme, recuperar valors com l'amabilitat, l'agraïment, la generositat, la perseverança o la integritat. En definitiva, un llibre sobre valors, virtuts i actituds per anar per la vida, perquè ser gran és una manera de ser.

«Em permets un consell? Llegeix-lo ara mateix! És brillant, divertit, senzill, pràctic, savi i útil, molt útil! Incita a l'acció!» Antonio González Barros, president del Grup Intercom.

«En aquest llibre en Victor plasma amb una habilitat tremenda conceptes fonamentals com l'actitud, el compromís i la necessitat de ser coherent entre els valors personals i els professionals.» Enrique López Vallejo, director del comitè de vendes de Nestlé Espanya.

«Aquest és un llibre fantàstic per adonar-te que la vida sí que té sentit, ajuda a reflexionar i valorar com en pot ser de meravellós viure la vida amb sentit i ser millor.» José Manuel Ereño, subdirector general de Seguros Bilbao.

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