

# Working with Bereavement: A Practical Guide (Professional Handbooks in Counselling and Psychotherapy)

Janet Wilson



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Working with the bereaved can be challenging and emotionally draining, and yet practitioners from a range of disciplines are routinely required to support their clients through this difficult time.

Working with Bereavement offers a practical handbook to support those working with the bereaved, whatever the setting. Equipping readers with the knowledge and skills they need, it explores key theories and models, communication skills and practical and professional issues. The book goes on to look closely at varying types and degrees of bereavement, including sudden death, the death of a child, multiple deaths and suicide. Through the use of clear links to practice and vivid case material, this book brings practical issues to life for the reader.

Whether you work in a counselling, nursing or social care setting, this is a must-have guide to working with people experiencing loss and grief.



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