



Solution-Focused Pastoral Counseling: An Effective Short-Term Approach for Getting People Back on Track

Charles Allen Kollar

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This groundbreaking book, now updated and expanded, furthers its original, effective, time-saving approach that benefits pastors overtaxed by counseling demands.

Dr. Charles Kollar presents a departure in pastoral counseling, showing that counseling need not be long-term or depend on psychological manipulation to produce dramatic results.

In most cases, the solution lies with the counsees themselves.

Using the tested methods found in Solution-Focused Pastoral Counseling, pastors, apart from counselors, will be well equipped to help their counsees discover a solution and put it in motion speedily and productively.

SFPC is short-term—typically one to five sessions, in which the counselor seeks to create solutions with—not for—the counselee. The focus is on the possibility of life without the problem through an understanding of what is different when the problem does not occur or is less intrusive. The goal is healthy change, sooner rather than later, by helping the counselee see and work on the solution with God's activity already present in his or her life.

The solution-focused approach does not require the counselor to be a highly trained psychological expert. It requires biblically based sensitivity and common sense. Yet this approach also recognizes its limitations and understands that there are situations in which other professional and/or medical help is required.

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Book is to be different for each and every grade. Book for children till adult are different content. As we know that book is very important for all of us. The book Solution-Focused Pastoral Counseling: An Effective Short-Term Approach for Getting People Back on Track seemed to be making you to know about other knowledge and of course you can take more information. It doesn't matter what advantages for you. The publication Solution-Focused Pastoral Counseling: An Effective Short-Term Approach for Getting People Back on Track is not only giving you more new information but also being your friend when you sense bored. You can spend your own spend time to read your book. Try to make relationship with the book Solution-Focused Pastoral Counseling: An Effective Short-Term Approach for Getting People Back on Track. You never really feel lose out for everything should you read some books.

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