



Waking up Dry: A Guide to Help Children Overcome Bedwetting

Howard J. Bennett

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A positive, interactive plan for overcoming bedwetting, geared to parents of kids ages 6-13. Author Dr. Howard Bennett is both a pediatrician and a parent, and he encourages parents to read the book together with their children and develop a plan that includes behavior management techniques, calendars, contracts, and bedwetting alarms.

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