



Grill Pan Cooking

Elsa Petersen-Schepelern

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Grill Pan Cooking Elsa Petersen-Schepelern

In this handy little book Elsa Petersen-Schepelern gives you inspiration to get out that stove-top grill pan. She includes Vegetables; Fish and Seafood (Char-grilled Shrimp with Vietnamese Dipping Sauce); Chicken and Duck (Thai Seven-spice Duck Breasts with Grilled Asparagus); Meat, including Spicy Lamburgers and Char-grilled Pork with Eggplant; and even Fruit. Finally, she explains how to add pizzazz to the pan with marinades and rubs. --This text refers to the Paperback edition. About the Author Elsa Petersen-Schepelern is a Danish-Australian food writer. She began her working life as a publicist for movie stars, best-selling novelists, sportmen, and comedians, as well as top chefs, Before taking up the pen and the pans on her own account. Based in London, Elsa now spends much of her time sampling food and wine around the world. She draws on an eclectic mix of cuisines, as well as the freshest seasonal ingredients, as the inspiration for her delicious re

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