



Every Day Cooking for Diabetes: 75 quick and easy recipes full of delicious foods for a healthy diet bursting with taste and goodness

Bridget Jones

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Every Day Cooking for Diabetes: 75 quick and easy recipes full of delicious foods for a healthy diet bursting with taste and goodness Bridget Jones

This book contains everything you need for a day to day diet that is high on goodness and flavor and low on salt, sugar and empty calories.

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