

The World of Street Food: Easy Quick Meals to Cook at Home

Troth Wells



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This is the book to take the taste buds traveling. *Arepas* from Venezuela, *tom yam* soup from Thailand, delicious *mezze* from the Middle East—*The World of Street Food* offers the best in fast food from Africa, Latin America, the Middle East, and Asia. Over a hundred recipes have been chosen for their popularity at street stalls and markets around the world.

A collective effort by the author and fans of street food worldwide, this book combines thorough research with personal stories from the people and places the recipes come from: for instance, how the South African bunny chow was invented through a combination of Asian curry, European bread, and apartheid; or the stories from Penang, Malaysia, said by many to be the street food capital of the world.

Each recipe is accompanied by award-winning food photography and evocative travel pictures. The majority of recipes are vegetarian, and many are vegan or vegan-adaptable. As with all New Internationalist food books, *The World of Street Food* includes information on nutrition and organic and fair trade ingredients.

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