



Signing Smart with Babies and Toddlers: A Parent's Strategy and Activity Guide

Michelle, M.A., Ph.D. Anthony, Reyna, Ph.D. Lindert

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A Fun, Easy Way to Talk with Your Baby

Babies can communicate with their hands long before they can speak. Using American Sign Language (ASL), Dr. Michelle Anthony and Dr. Reyna Lindert have created the simple and successful Signing Smart system to teach parents how to integrate signing into everyday life with their hearing children. Through the more than seventy activities presented in this book, parents will learn the tools and strategies they need to understand how to introduce signing and build their child's sign and word vocabulary.

Using ASL signs and Signing Smart with hearing infants and toddlers has many benefits, including:

- reducing frustration and tantrums
- allowing children to express what they need or want
- facilitating speaking
- fostering communication and promoting learning

By using these practical, easy-to-learn methods, parents and babies-from as young as five months old to preschool age-can "converse" through signs at mealtime, bath time, playtime, or anytime.

Featuring the *Signing Smart* Illustrated Dictionary, with 130 signs.

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