



# The Greatest Challenges of Menopause

*Tamara Dearing*

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## **The Greatest Challenges of Menopause** Tamara Dearing

The main problem with menopause is that there is a drastic reduction in production of the female hormones. This is what causes all the physical discomfort and hot flushes in menopause. The popular line of treatment is to take menopause hormones externally. Substitution of menopause hormones can be in the form of oral medication or it can be local application in the form of topical ointments. Discover everything you need to know by grabbing a copy of this ebook today.

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