

# The Elephant in the Playroom: Ordinary Parents Write Intimately and Honestly About Raising Kids with Special N eeds

Denise Brodey



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#### The Elephant in the Playroom: Ordinary Parents Write Intimately and Honestly About Raising Kids with Special N eeds Denise Brodey A view from within the whirlwind of parenting a child with special needs

Four years ago, Denise Brodey's young son was diagnosed with a combination of special needs. As she struggled to make sense of her new, chaotic world, what she found comforted her most was talking with other parents of kids with special needs, learning how they coped with the emotional, medical, and social challenges they faced.

In *The Elephant in the Playroom*, Brodey introduces us to a community of intrepid moms and dads who eloquently share the extraordinary highs and heartbreaking lows of parenting a child with ADD/ADHD, sensory disorders, childhood depression, autism, and physical and learning disabilities, as well as kids who fall between diagnoses. Hailing from Florida to Alaska, with kids ages three to thirty-three, the parents in this collection address everything from deciding to medicate a child to how they've learned to take care of *themselves*, offering readers comfort, kinship, and much-needed perspective.

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